



**Self-Actualisation
Trainings that
Change Your Life**





Unleashing Potentials

Personal experience: *“I doubted myself a lot. I had done a lot of professional and personal development over the years but always seemed to struggle with making any real progress. Not for lack of skills, direction or motivation, but from not being able to solve the big problems that had dogged me for most of my life. Things like self-doubt and keeping myself ‘small’, after all who was I to have ‘ideas above my station’?”*

I never realised that I could be more, achieve more, create more... I didn’t even realise that I had exactly the same skills, abilities, intelligence as some of the smartest and most successful people in the world... Unleashing Potentials was the turning point in all of this.

*When I first experienced Unleashing Potentials it was an epiphany! I recognised unconscious blocks that had been holding me back for years. My self-concept and mind-set underwent an amazing, sudden, dramatic and powerful shift. It was **the** turning point in my professional development where all limitations ceased. Since that time I have never looked back and am more aligned with my own Vision and Mission than I have ever been”.*

Are you ready to discover your power as a Meaning Maker and create a rich and inspiring life?

What is Unleashing Potentials?

There is a fundamental drive in you and all of us, an *impulse* to know, to learn and grow. This is the impulse to express our uniqueness. Once we are living a healthy life with nothing really holding us back, we find clamouring inside of us a need to ‘Be’...something? Something that says, *“There has to be more to life?”* We have all experienced these moments when we are feeling good, comfortable and at peace with the world, when we’re not wanting for anything in particular. It’s in those wonderful moments we hear that ‘quiet question in the back of our mind’... *“Ok, what is the meaning of my life; what’s it all about, what next?”*

Unleashing Potentials is the course that answers that question. You will become a Creator of life rather



than being swept along by circumstance; you will become the Author of your future and your dreams. You will construct a special place in your mind where you transform unconscious limits and seedling ideas into incredible new potentials. Then... step into the ‘Zone’ of a Self-Actualising life.

The only difference between highly driven, passionate, successful people and the majority of others is that they are not holding themselves back with false restrictions; restrictions we feel are so real and yet melt away when truly examined and understood. Most people simply aren’t aware of and don’t live to their full potential. Do you?

In the words of NLP Trainer John Overdurf, *“Whatever you think you are, you are always more than that”*. Come along to this training and discover exactly how much more you can be!

Benefits:

- *Discover that you have more control over your life you actually think you have*
- *Suspend negative meanings that restrict you*
- *Develop a strong and flexible mind-set to create a meanings that grow you*
- *Create, and start to actualise a powerful vision and mission*
- *Create a 'sacred space' in your mind for transformation and transcendence*
- *Synergise your highest potentials into powerful possibilities and real world performances*
- *Develop the skills for living in the zone of self-actualisation*

Here's what happens:

Day One:

- Create an inspiring Vision for the course – and beyond...
- Claim your innate power for creating meanings that enrich you
- Quality control and transform negative meanings
- Release reactivity and
- Enrich and enhance the meanings that serve you
- Become 'Meaningful to the Core'

Day Two:

- The Six Elements for deep and meaningful change
- Create your personalised 'Crucible of Change'
- Experience a deep and meaningful encounter... with yourself
- Transforming weaknesses into strengths
- Overcome ego and impulse and create new possibilities

Day Three:

- The Self-Actualisation Quadrants
- Develop personal authenticity
- Synergising Meaning and Performance
- Supercharging your attitude
- Develop a state optimisation
- Staying in the Zone

Unleashing Potential is certified globally by the International Society of Neuro-Semantics (ISNS)

www.neurosemantics.com



ISNS courses are run in over 40 countries across every continent. This course has helped thousands of people from all walks of life because no matter where you are today, *you* have untapped potential and I will show you how to access it. Everyone gets value from this course.

Your trainer, Alan Fayter is a certified Master Trainer with the ISNS, and member of the ISNS Global Leadership Team ...and an all-round nice guy 😊



Your Investment:

\$695 NZD

For booking – contact Alan directly:

Phone (+64) 021 260 5486

Email: talktoalan@optimum-mind.com

Timings and formats:

The Unleashing Potentials training is 3 days in length: 9am-5pm.

“Just one weekend to change your plans from normal, which could make every other weekend (and week) of your life truly exceptional”

Public training: See www.optimum-mind.com for public training dates and *sign up to the elist* for new training release dates and the free weekly articles or videos.

To ensure the best learning environment, all public trainings are strictly limited in numbers and are conducted in an intimate and safe venue.

Don't miss out,

talktoalan@optimum-mind.com and book now

Completion of all of the Self-Actualisation trainings certifies you with a Diploma in Self-Actualisation Psychology

Refund policy: If you're not completely satisfied with the course at the end of day 1 or 2; I won't take any more of your time, I'll give you a full refund then and there – and you get to keep all your materials

*Courses are subject to minimum numbers of attendees

To book now – contact Alan directly: Phone (+64) 021 260 5486 or talktoalan@optimum-mind.com

Corporate training: In-house, courses can be run in any format to suit your needs;

- 3 consecutive full days
- 3 days spread over a number of weeks (i.e. 1 day per week)
- 6 half day blocks run over a number of weeks (i.e. half a day per week)
- Any schedule to suit your needs

Corporate Investment:

In-house or group trainings: Daily rates + materials apply



INTRODUCING ALAN FAYTER



- *NS-NLP Master Trainer (ISNS)*
- *NLP Trainer (IANLP Fellow Member Trainer)*
- *Coach IANLP*
- *Certified Meta-Coach (MCF)*
- *Self-Actualisation Coach & Trainer (Dip)*
- *Dr Clinical Hypnotherapy (distinction)*
- *Transforming Communication Instructor*

Alan has a diverse working background and spent many years travelling the world gaining valuable “real life” experiences that enables him to connect with and understand people on many levels. He believes that if you’re going to do something, then be the best! This driving attitude has led to many personal successes starting way back when he graduated the top of his class as a part-time soldier in the British Army. Alan’s passion for helping others achieve the best has lead him towards training and coaching in various areas over the years, he has been a qualified and experienced scuba diving instructor and experienced black belt martial arts instructor.

It’s Alan’s pursuit of excellence and sharing what he has learnt that lead him to study of excellence and Human Potential itself – Neuro Linguistic Programming, Neuro-Semantics, Hypnosis & Meta-Coaching. Alan has been working with people and successfully helping others to make positive changes in their personal and professional lives since 2001. His passion for learning, excelling, teaching and assisting others to unleash their potentials continues. He has a Doctorate in Clinical Hypnotherapy (distinction) yet focuses on conversational hypnotic applications.

Alan is a Fellow Member Trainer with the ***International Association of NLP***; one of only a handful in all of Australasia. IANLP is widely recognised as the world standard for NLP with strict criteria for membership ensuring the highest possible training standards and qualifications for you.

As a certified Meta-Coach with the ***Meta-Coach Foundation*** Alan uses specific models for coaching executives and business owners, and uses models aimed specifically at business development.

Alan also trained as a Trainer with the ***International Society of Neuro-Semantics*** under the direct tutelage of Dr L. Michael Hall PhD, the developer of Neuro Semantics, and graduated the top of his class. In 2014 Alan completed his four year internship, hit the stringent benchmarks and is now a Neuro-Semantics *Master Trainer*. Alan trains and speaks at conferences and trainings worldwide and is a recognised leader in his field. He is a member of the ISNS Global Leadership Team.

Alan provides coaching and training from basic short courses right through to career development trainings which he certifies at an international level.

Alan has and does provided coaching and training to organisations such as Inland Revenue, Meridian Energy, Airways NZ, The Just Group, ECAN, Glassons, Hallensteins and many others.

Email: talktoalan@optimum-mind.com

Phone: 021 260 5486